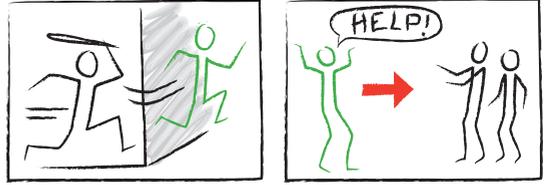


What to do after a racist attack?



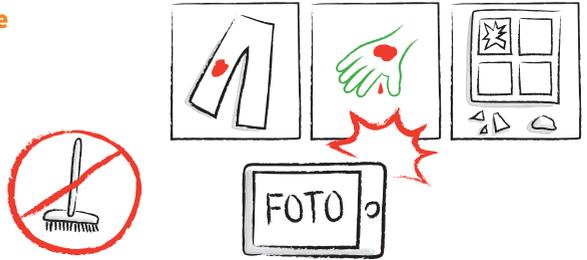
■ At the scene

- Keep calm!
- Get yourself to safety!
- Ask others for help!
- Speak to witnesses!



■ Document injuries and damage

- Take photos of injuries!
- Take photos of objects such as stones, shards, bottles, stickers and clothes!
- DO NOT remove or clear away objects!



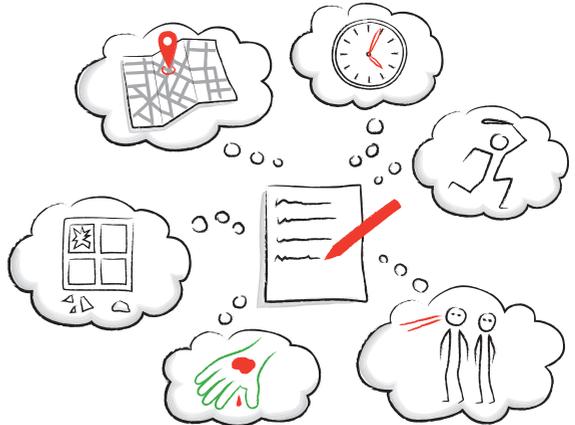
■ Visit a doctor

- Emergency treatment **without** insurance card!
- Show all injuries!
- Ask the doctor for a **certificate**.
- The doctor should write all injuries on the certificate.



■ Write a memory log

- Where did it happen?
When did it happen?
- What exactly happened?
What happened afterwards?
- How did the attacker look like?
How many of them?
- Which injuries and damages were suffered?
- Who saw that?
Who was a witness?



■ Family and friends

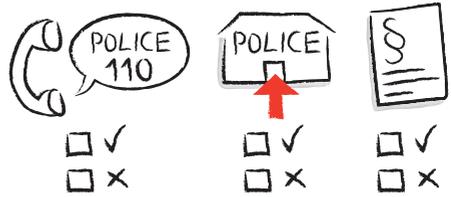
- Ask other people for help.
- Do not stay alone.
- Tell them what has happened to you.



What to do after a racist attack?

Police

- You can call the police if you want.
- You can go to the police if you want.
- You can report an offence if you want.
- A report has no negative impact on your asylum procedure.

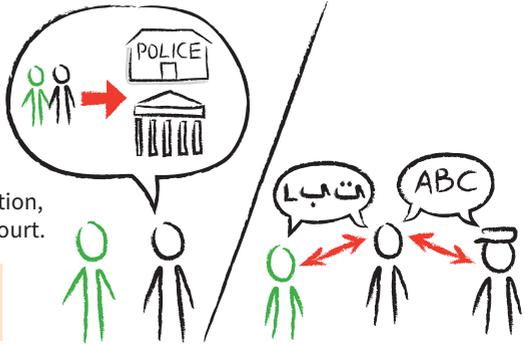


You are not obligated to testify to the police.

But: If the police have an order from the public prosecutor's office, then you have to testify to the police.

These are your rights

- You do not have to go alone to the police, to the Public Prosecutor's Office or to the court. You can come along with a person of your choice.
- You have the right to have an interpreter with you when you testify: at the police station, at the Public Prosecutor's Office or at the court.



This is very important. Ask for an interpreter when there is no one.

Our advice centres in NRW are there for you

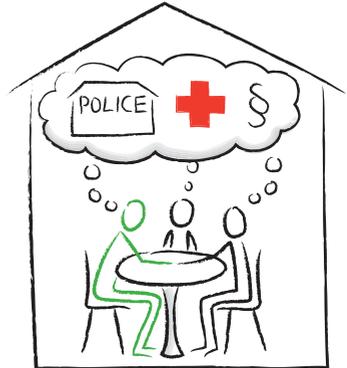
We help people who have experienced racist violence.
We help witnesses, friends and relatives of victims.
You can reach us by phone, internet or e-mail.

- You can tell your name.
- You can also remain anonymous.
- You can meet with the counsellor.
- You decide where you want to meet.
- You decide what help you want.

We offer the following aid (examples):

- We will escort you to the police or to interrogation.
- We advise you on all questions around the attack.
- We will find doctors, therapists and lawyers.

Our help is free, independent and confidential. We do not disclose any information.
You can contact us after a racist attack, even without valid papers.



Telefon: 0211/15 92 55 64
Internet: www.opferberatung-rheinland.de
E-Mail: info@opferberatung-rheinland.de



Telefon: 0231/95 65 24 82
Telefon: 0172/1 04 54 32
E-Mail: contact@backup-nrw.org