### What to do after a racist attack?

#### At the scene
- Keep calm!
- Get yourself to safety!
- Ask others for help!
- Speak to witnesses!

#### Document injuries and damage
- Take photos of injuries!
- Take photos of objects such as stones, shards, bottles, stickers and clothes!
- DO NOT remove or clear away objects!

#### Visit a doctor
- Emergency treatment **without** insurance card!
- Show all injuries!
- Ask the doctor for a **certificate**.
- The doctor should write all injuries on the certificate.

#### Write a memory log
- Where did it happen?  
  When did it happen?  
- What exactly happened?  
  What happened afterwards?  
- How did the attacker look like?  
  How many of them?  
- Which injuries and damages were suffered?  
- Who saw that?  
  Who was a witness?

#### Family and friends
- Ask other people for help.  
- Do not stay alone.  
- Tell them what has happened to you.
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**Police**
- You can call the police if you want.
- You can go to the police if you want.
- You can report an offence if you want.
- A report has no negative impact on your asylum procedure.

You are not obligated to testify to the police.

**But:** If the police have an order from the public prosecutor’s office, then you have to testify to the police.

**These are your rights**
- You do not have to go alone to the police, to the Public Prosecutor’s Office or to the court. You can come along with a person of your choice.
- You have the right to have an interpreter with you when you testify: at the police station, at the Public Prosecutor’s Office or at the court.

**This is very important. Ask for an interpreter when there is no one.**

**Our advice centres in NRW are there for you**

We help people who have experienced racist violence. We help witnesses, friends and relatives of victims.

You can reach us by phone, internet or e-mail.
- You can tell your name.
- You can also remain anonymous.
- You can meet with the counsellor.
- You decide where you want to meet.
- You decide what help you want.

**We offer the following aid (examples):**
- We will escort you to the police or to interrogation.
- We advise you on all questions around the attack.
- We will find doctors, therapists and lawyers.

Our help is free, independent and confidential. We do not disclose any information. You can contact us after a racist attack, even without valid papers.

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